

Young People's NEWSLETTER

sendiass
NORTH YORKSHIRE

Welcome to the SENDIASS North Yorkshire
Young People's Newsletter.
Summer 2023

Welcome to our Summer Newsletter.

There is lots of information and lots to celebrate with you.

First of all, it is International Youth Day on Saturday 12th August 2023

This day celebrates young people across the world that have made an effort to support and make positive differences to their communities. We thank **Inspire 2gether** and all young people across North Yorkshire that help get their messages out and help develop SEND services.



SENDIASS North Yorkshire want to give a big thank you to every young person that helps us in making our service better. To us, better means that you will find it easier to get the information you need from our website, our social media and our free resources.

A big thank you to everyone who has helped so far.



News from Inspire 2gether

DISABILITY PRIDE MONTH

Did you know it is Disability Pride for the month of July?

It is about sharing lived experiences and raising awareness of the challenges our community faces.

Disability Pride Month began in the United States to commemorate the passing of the landmark Americans with Disabilities Act in July 1990, taking place



WORKING WITH THE NHS

Inspire 2gether have been working with the NHS to make leaflets more accessible for young people with disabilities. Check out the new leaflets:

[I'm a young person Easy Read - The Go-To \(thegoto.org.uk\)](http://thegoto.org.uk)



News from Inspire 2gether

RAISING AWARENESS OF BULLYING

In June our focus was on anti-bullying and how it affects disabled young people.

To raise awareness a number of Facebook posts were published across the month of June.

See an example of the type of posts:



Would you like to be part of a group who share experiences to influence and bring about change, locally and nationally?

How to Join

You can send an email to info@sendiassnorthyorks.org or if you would prefer to speak to someone ☎ 01609 534983.

Leave a brief message giving your name and telephone number and Carol Watson, SENDIASS Co-ordinator, will call you back.

Youth Voice Matters 2023 Films



In February 2023 the Council for Disabled Children hosted the fifth national conference for disabled children and young people, and children and young people with SEN, as part of the Department for Education funded national programme [Making Participation Work](https://councilfordisabledchildren.org.uk) (councilfordisabledchildren.org.uk)

The Youth Voice Matters conference enables children and young people to develop their participation skills and to recognise the impact that they can have when taking part in strategic participation.

To find out more about the event and watch two films about the day visit this link - [Youth Voice Matters Conference](https://councilfordisabledchildren.org.uk) (councilfordisabledchildren.org.uk)

'We are limitless'

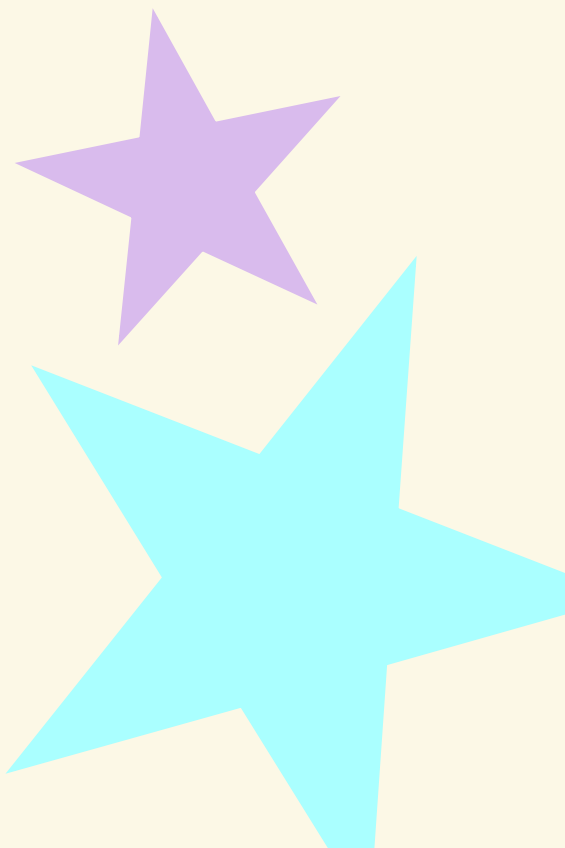
Introducing "We Are Limitless" A new youth-led video collaboration between SENDiass4BCP and B&NES's SEND Partnership Service.

A refreshing new perspective, told directly by young people - their stories the way they want them to be heard.

[We Are Limitless - YouTube](#)




NORTH YORKSHIRE



Young People's Wellbeing



Resources to support Young People with Anxiety

Not fine in school - [Not Fine in School - School Refusal, School Attendance](#)

Childline - [Get Support | Childline](#)

Kooth - [Home - Kooth](#)

Stem4 - [stem4 - supporting teenage mental health](#)

Young Minds - [Find Help With How I'm Feeling | Advice For Young People | YoungMinds](#)

On My Mind - [On My Mind | Resources for Young People | Anna Freud Centre](#)

The Mix (13-25) - [The Mix - Essential support for under 25s](#)

Compass Pheonix -

North Yorkshire (Compass Phoenix) (formerly BUZZ and REACH) - [Compass \(compass-uk.org\)](#)



Do you have something to celebrate?

Theme for August coming up....

Once a month we have a theme that we share content about on social media pages.

August is going to be interesting as its going to be two themes instead of one.

We will focus on sending out information about moving to secondary school, college, or whichever placement you are moving to from September 2023. Transitions are important and we want to find ways to make your move to a new place as best it can be, as this means it is likely to a happy and successful placement for you.

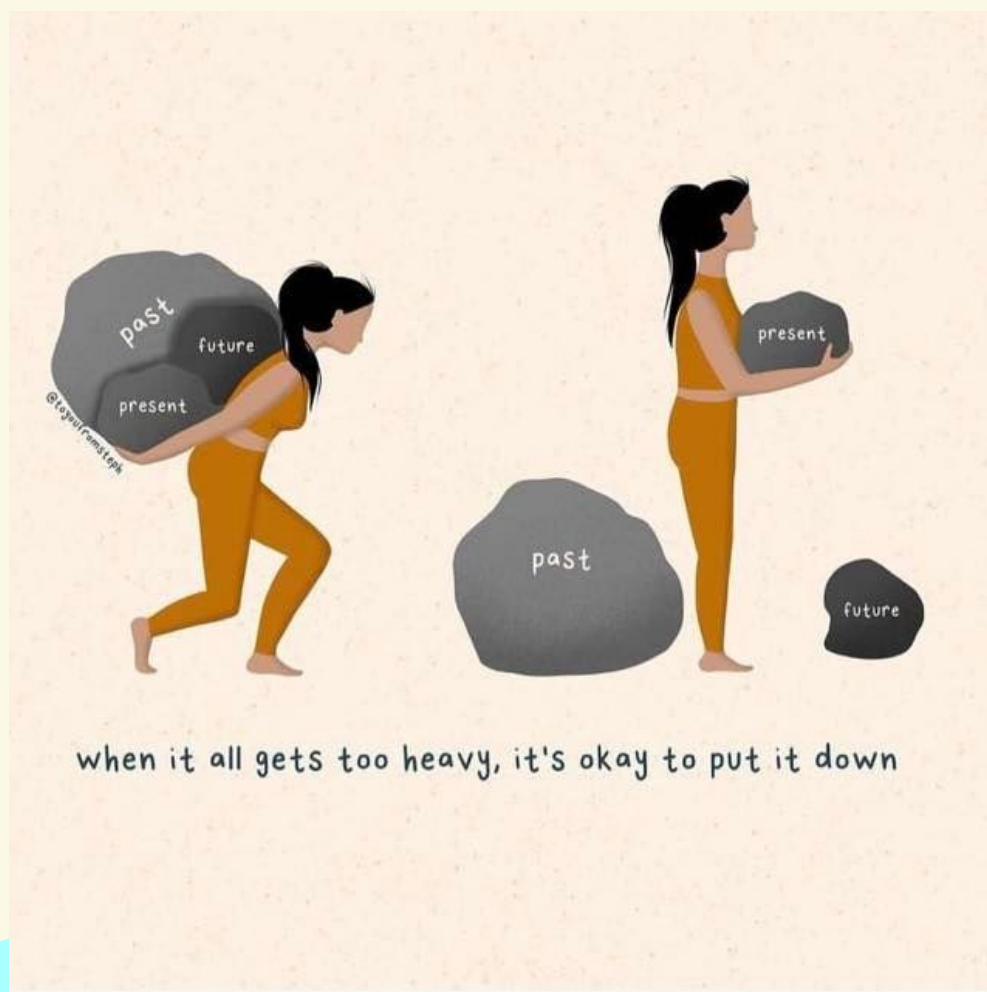
We also want August to celebrate young people's achievements. It doesn't have to be educational achievements, but great if it is. It could be nothing to do with education but something that you have been struggling with or was a challenge and you managed it. Please share it with us so we can celebrate you.



Send us an email to the address below with your contact details and one of the SENDIASS team will follow up and share your story on our media.

alice.atkinson@sendiassnorthyorks.org

A final message of positivity ...



How to Contact us

You can contact the SENDIASS North Yorkshire Team via the links below.

If you need information and advice from the team, Advice Line is open
9:30am—1pm Monday to Friday (excluding School Holidays)

Advice Line: 01609 536923

Advice Line Email: info@sendiassnorthyorks.org

Our Website: www.sendiassnorthyorkshire.co.uk

Facebook: @Sendiassnorthyorks
@SendiassNY

Instagram:

YouTube: @SendiassNorthYorkshire