



Autumn Newsletter

October 2025

Welcome to our Autumn Newsletter!

This edition is packed with updates, resources, and information on events to support parents and carers in North Yorkshire.

SENDIASS North Yorkshire have had another busy year. Comparison figures are showing a substantial increase in the number of families that are receiving support from our service. The number of allocated cases to coordinators for support has increased by 15% within the past twelve months. On average, referrals to our Advice Line have increased by around 25% compared to the previous year.

We are also continuing to provide virtual training sessions for Parents, Carers and Professionals which are regularly well attended.

Our Facebook Page has recently grown to over 5,000 followers. If you are not currently following our Facebook page, please do as we share lots of useful information about services in North Yorkshire, links and resources about Special Educational Needs and Disabilities.

Have you visited our website?

We have a whole section on our website full of information, advice and resources for Parents and Carers.

Take a look [here](#)



Follow us on
Facebook
here

Upcoming SENDIASS Events

We have various online training sessions available to book via our website. Take a look at our upcoming sessions here:

Events

Requesting an Education, Health and Care Assessment (EHCAR request) Information Session.

Virtual Training Session for Parents and Carers.

Are you considering requesting an EHC Needs Assessment?

In this session we cover:

- What is an EHCP and an EHCAR?
- SEND Law on requesting an assessment.
- Who can request an assessment and when.
- What evidence is needed.
- How to complete the EHCAR form.
- The statutory timeline from requesting an assessment to a final EHC Plan being issued.



SEND Support in Mainstream Schools Virtual Information Sessions for Parents & Carers

Are you looking for advice on Mainstream SEND Support without an EHCP?

This session covers:

- What is SEND and Mainstream SEND Support?
- The law around SEND Support, school duties and reasonable adjustments.
- The Broad Areas of Need.
- The Graduated Approach.
- SEND Support Plans
- Attending meetings to discuss SEND Support



Draft Education, Health and Care Plan Virtual Information Session for Parents and Carers.

Do you need more information on Draft EHCPs and what a plan must contain?

Then come along to our brand new session on Draft Plans.

In this session we cover:

- What is a Draft EHC Plan?
- What does the Law say about Draft Plans?
- Sections of an EHCP
- Key things to consider when you receive a Draft Plan.
- What happens next?





Upcoming Events & Activities in North Yorkshire

Autumn brings a variety of inclusive and family-friendly events across North Yorkshire:

🧡 FUSE Online Drama Workshops - Weekly virtual sessions for young people with learning disabilities in Pickering, Starbeck, Skipton & Tadcaster. Email eve@ruralarts.org to join.

🎃 Pumpkin Festivals - Accessible fun at Monk Park Farm, Spilmans (Thirsk), Lotherton Hall & Thornton Hall Country Park throughout October.

🧙 Wizard Academy at Monk Park Farm - Spooky-themed activities and interactive wizard training (25 Oct-2 Nov)

🎉 SEND Next Choices Event - A workshop to help families prepare for adulthood transitions.




Support & Services

📍 SEND CENTRAL Hub (York) - Opening this autumn, this new hub offers drop-in support for families, regardless of EHCP status. Located at Clifton Family Hub.


🗣️ Parent Carer Voice North Yorkshire - The official Parent Carer Forum offering training, events, and advocacy. [Visit website.](#)

📁 Family Grab Packs - Therapeutic resources created by educational psychologists to support wellbeing. Available via the [Children and Young People's Service.](#)



Update from Parent Carer Voice North Yorkshire

Parent Carer Voice (PCV) is entering a busy autumn with exciting developments in growth, engagement, and support for families across North Yorkshire.

- **Team Expansion:** For the first time, PCV now has a Parent Participation Officer (PPO) in every region of the county. These officers will also oversee new community Facebook groups launching in October, aimed at improving access to local information and support.
 - **PINS 25/26 Programme:** PCV is working with 11 new schools as part of the Partnerships for the Inclusion of Neurodiversity in Schools (PINS) programme. This includes engaging with parents and carers, collaborating with SEND teams, and conducting sensory audits in mainstream primary schools.
 - **Tailored Support:** Insights from parent/carer meet-ups are helping shape a tailored programme of information and support. Over the next 8 months, sessions will be available to families across North Yorkshire via the PCV website. Topics will include SEMH, Sensory Processing, Dyslexia, Sleep Support, Autism with a Demand Avoidant Profile, and more.
 - **Co-Production Opportunities:** This autumn, families can take part in sessions focused on the new Assessment Framework for newly registered SEND children and young people, as well as three opportunities to help redesign the North Yorkshire Local Offer website.
 - **Funding Bid:** PCV has submitted a funding application to support Self Advocacy training for parents and carers, helping them navigate complex systems and advocate effectively. The bid also includes plans to redesign the PCV website to improve accessibility and introduce a feedback link for families to share their experiences.
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Attention of parents/carers

UPSTAIRS COOPERS CAFE
BELMONT ST
SRIPTON

FREE COFFEE, CRAFT and CHAT

10am until 11:30am
starts Tuesday 9th September - weekly
X2 SELFA staff available
for support if wanted.



Foil embossing, watercolours, air dry clay and creative writing plus more!

**For more info or to book contact key worker
Sarah**

**email Sarah.astin@selfa.org.uk
Mobile: 07415371761**

Booking not always required, please get in touch even if it is last minute.

Mental Health & Wellbeing

✿ The Go-To Website - A hub for emotional wellbeing and mental health resources tailored for SEND families. Includes support for school attendance, self-harm, autism, and parenting challenges. [Explore resources.](#)

☎ CAMHS Crisis Contacts - Available 7 days a week across North Yorkshire.

Harrogate & Ripon: 01423 544335

(10am-10pm)

NHS 111 (select mental health option) for emergencies

Deaf access: NHS 111 SignVideo or 18001 111 Relay UK



Barriers to Education New Website



This new website has been designed as a practical, flexible resource to support everyone working to reduce barriers to education. You don't need to read it all at once; the site is structured so you can access the sections most relevant to you.

Take a look at the website [here](#) for information and tools for parents and professionals

Lets Talk Sessions from Parent Carer Voice North Yorkshire.



parentcarervoice
NORTH YORKSHIRE
WORKING TOGETHER FOR POSITIVE CHANGE

More info and how to book onto these events on the PCV Website
[here](#)

- Transitions to secondary school
- EHCPs from need and request through to tribunal support
- Portage for pre-school children
- Inclusive Practice Framework (information on the framework and how to use the parent guide to work with schools to ensure your child/young person has the reasonable adjustments most appropriate for their needs)



HOW TO CONTACT US

Advice Line is open 9:30am—1pm Monday to Friday (excluding School Holidays)

Advice Line: 01609 536923

Advice Line Email: info@sendiassnorthyorks.org

Our Website: www.sendiassnorthyorkshire.co.uk

Facebook: @Sendiassnorthyorks

Instagram: @SendiassNY

YouTube: @SendiassNorthYorkshire