

Young People's Newsletter

Spring 2025

Hello and welcome to
SENDIASS North
Yorkshire's Young People's
Newsletter Spring 2025.



Happy Easter from
the SENDIASS
North Yorkshire
team.

Wishing you a
restful Easter
break.

SEND Young Person Voice

Get involved and help make decisions for young people with SEND.

Flying High is a voice group especially for young people with Special Educational Needs and Disabilities (SEND) for ages 11 up to 25.

Flying High is a diverse group of young people with SEND, catering for a range of additional needs.

If you are interested in joining Flying High or getting involved in other SEND related youth voice work please contact them [here](#).

Instagram @nyccyouthvoice

Facebook @northyorkshireyouthvoice

Twitter @YouthYorkshire

New SENDIASS Website

★ NOW LIVE ★

www.sendiassnorthyorkshire.co.uk 🔍



We have recently launched our new website.

We have made changes to the layout, information and resources on the website to make it easier to navigate and more accessible.

We have a Young People's section which has lots of information to support young people in North Yorkshire including information on SEND Support, EHCPs and Preparation for Adulthood.

You can take a look at the new website here:

[SENDIASS Website](http://www.sendiassnorthyorkshire.co.uk)

Our Young People's section here:

[Young People's Section](#)

And our Young People's referral form here if you would like to contact us:

[Young People's Contact Form](#)

Career Progression

Apprenticeships

There has never been a better time to consider applying for an apprenticeship.

Apprenticeships are increasingly being recognised as a real alternative to traditional education routes and the range of apprenticeship qualifications goes to degree level and beyond.

North Yorkshire Council have an excellent history of delivering successful apprenticeships and many of North Yorkshire's apprentices have been successful and progressed into permanent jobs at higher levels.



How to apply

Vacancies will be advertised on North Yorkshire Council's jobs website - keep visiting it for new opportunities. You can also set up job alerts which will send you an email when a vacancy arises that matches the criteria you have set.

Search for apprenticeships

Supported Internships

A supported Internship is a work-based study programme for 16 to 24 year olds with special educational needs and disabilities, who have an education, health and care plan.

Supported Internship is a work based study programme for 16 to 24 year olds with special education needs and disabilities, who have an education, health and care plan. The internships are unpaid and are a for 12 months. The young people are enrolled with a training provider but spend most of their time within a workplace. The aim is to support young people with special education needs and disabilities to develop their work skills in order to gain paid employment.

Find out more information here:

[North Yorkshire Supported Internships](#)

Supported Employment

The supported employment service helps carers or people with disabilities to find work matched to their interests and strengths.

North Yorkshire Council also provide employers with information and support to make the right work place adjustments.



Find out more here:

[Supported employment service | North Yorkshire Council](#)

Financial Support

Information about the support available to young people to help them take part in education and training is available [here](#) including information on the 16 to 19 bursary scheme. This is a government scheme that provides financial support via schools and colleges to help young people meet the costs of participating in education and training after the age of 16 where they might otherwise struggle for financial reasons.

Visit the SENDIASS Website for advice on choosing a school or college.

[SENDIASS Website](#)



Mental Health and Wellbeing

Compass Phoenix

Supporting Children & Young People in North Yorkshire.

The aim of the Compass Phoenix service is to improve outcomes for children and young people in relation to their emotional wellbeing and mental health.

They offer support to children and young people 9 - 19 years.



**TODAY IS A
PERFECT DAY
TO BE PROUD
OF ALL THE
PROGRESS
YOU HAVE
MADE!!** ♥

@paulacurypaints

**How you can get support if you're
a child or young person or for
your child if you are a parent /
carer**

You can speak to someone from Compass
Phoenix by phone on
01904 661916 or on the Freephone number
0800 008 7452.

You can also text Compass Buzz on 07520
631188.

If you are a young person or parent / carer
wanting to make a self-referral, you can
download the Request for Support form from
the website here

<https://www.compass-uk.org/services/compass-phoenix/>

**MENTAL HEALTH
IS JUST AS
IMPORTANT AS
PHYSICAL
HEALTH**

@DORSETMHST

Resources to support Young People with Anxiety

Not fine in school - <https://notfineinschool.co.uk/>

Childline - <https://www.childline.org.uk/get-support/>

Kooth - <https://www.kooth.com/>

Stem4 - <https://stem4.org.uk/>

Young Minds - <https://www.youngminds.org.uk/young-person/find-help>

On My Mind - <https://www.annafreud.org/resources/children-and-young-peoples-wellbeing/>

The Mix (13-25) - <https://www.themix.org.uk/>

Compass Pheonix - <https://www.compass-uk.org/services/compass-phoenix/>



HOW TO CONTACT US

Advice Line is open 9:30am—1pm Monday to Friday (excluding School Holidays)

Advice Line: 01609 536923

Advice Line Email:

info@sendiassnorthyorks.org

Our Website:

www.sendiassnorthyorkshire.co.uk

Facebook: @Sendiassnorthyorks

Instagram: @SendiassNY

YouTube: @SendiassNorthYorkshire

