



SENDIASS NORTH YORKSHIRE AUTUMN NEWSLETTER FOR PARENTS AND CARERS

WELCOME

As we move into the autumn term, we would like to extend a warm welcome to all families, children and young people accessing SENDIASS.

We know that starting a new school year can bring a mixture of excitement and uncertainty, particularly when a child or young person has additional needs.

Whether your child is settling into a new class, transitioning to a new setting, or preparing for key milestones and decisions, SENDIASS is here to provide free, impartial and confidential information, advice and support.

WHAT DOES SENDIASS DO?

SENDIASS (Special Educational Needs and Disabilities Information Advice and Support Service) provides:

- Information about SEND law, processes and local services
- Advice on Education, Health and Care (EHC) needs assessments and plans
- Support with communication and meetings with schools, colleges and local authorities
- Help understanding rights and options
- Support for children, young people, parents and carers to ensure their views are heard
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Our service is free, confidential, impartial and available to all families of children and young people with SEND aged 0-25.





UPCOMING EVENTS

INFORMATION SESSIONS FOR PARENTS AND CARERS



Our parent carer information sessions are held via MS teams and delivered by two experienced members of the SENDIASS North Yorkshire Team.

These sessions focus on a specific theme, providing general information and advice on law, policy and procedure, as well as offering an opportunity for parents to ask questions.

You can book a place on any of the upcoming sessions via our website.

Please note these information sessions are for parents and carers only. If you are a professional, please contact us for information on our training offer.

AUTUMN TERM

DRAFT PLANS - 23RD OCTOBER 10AM

SEND SUPPORT IN MAINSTREAM
SCHOOLS - 19TH NOVEMBER 12PM

TRANSITIONS PHASE TRANSFERS -
24TH NOVEMBER 10AM

SPRING TERM

EXCLUSIONS - 14TH JANUARY 10AM

ANNUAL REVIEWS - 21ST JANUARY 10AM

REQUESTING AN ASSESSMENT FOR AN EDUCATION,
HEALTH AND CARE PLAN
- 4TH FEBRUARY 12PM

SEND SUPPORT IN MAINSTREAM SCHOOLS
- 18TH FEBRUARY 10AM

EHCPs CHALLENGING THE NAMED SCHOOL
- 25TH FEBRUARY 10AM

UNDERSTANDING AN EHCP - 16TH MARCH 10AM

SUMMER TERM

PREPARING FOR TRANSITIONS - 14TH APRIL 11AM

ANNUAL REVIEWS - 27TH APRIL 10AM

REQUESTING AN ASSESSMENT FOR AN EDUCATION,
HEALTH AND CARE PLAN -
13TH MAY 10AM

SEND SUPPORT IN MAINSTREAM SCHOOLS
- 15TH JUNE 10AM

UNDERSTANDING AN EHCP - 8TH JULY 12PM

ANXIETY AND TRANSITIONS - 15TH JULY 10AM

BOOK A PLACE VIA OUR WEBSITE

[HTTPS://SENDIASSNORTHYORKSHIRE.CO.UK/EVENTS/](https://sendiassnorthyorkshire.co.uk/events/)



SUPPORTING A POSITIVE START TO THE SCHOOL YEAR

The beginning of the autumn term is a great opportunity to build positive relationships with school staff.

Top Tips for Parents and Carers

- ✔ Share any important updates about your child's needs.
 - ✔ Agree a clear communication method with school.
 - ✔ Ask for copies of support plans and review dates.
 - ✔ Keep a record of meetings, emails and key decisions.
 - ✔ Celebrate the positives and successes, however small they may seem.
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Remember, good communication between home and school often helps resolve concerns before they become bigger issues.

WELLBEING THIS AUTUMN

The move back into routines can be demanding for children, young people and families.

Some useful reminders:

- 🍂 Maintain consistent routines where possible.
 - 🍂 Allow extra time for adjustments following school holidays.
 - 🍂 Focus on strengths and achievements.
 - 🍂 Make time for activities your child enjoys.
 - 🍂 Seek support early if concerns begin to arise.
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Looking after wellbeing is just as important as educational progress.



HAVE YOU VISITED OUR WEBSITE?

Our website contains:

- Factsheets and guides
 - SEND process information
 - Recorded webinars and resources
 - Contact details and referral information
 - Information for young people
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We encourage families to explore the resources available and stay up to date with new information and events.



TAKE A LOOK AT THE WEBSITE HERE

How to Contact us:

 **SENDIASS North Yorkshire** (Special Educational Needs & Disabilities Information Advice and Support Service)

We are here to offer free, confidential and impartial advice, support with EHCPs, school issues, and rights

Contact form: [Parent & Carer Contact Form](#)

 Email: info@sendiassnorthyorks.org

 Phone: 01609 536923

